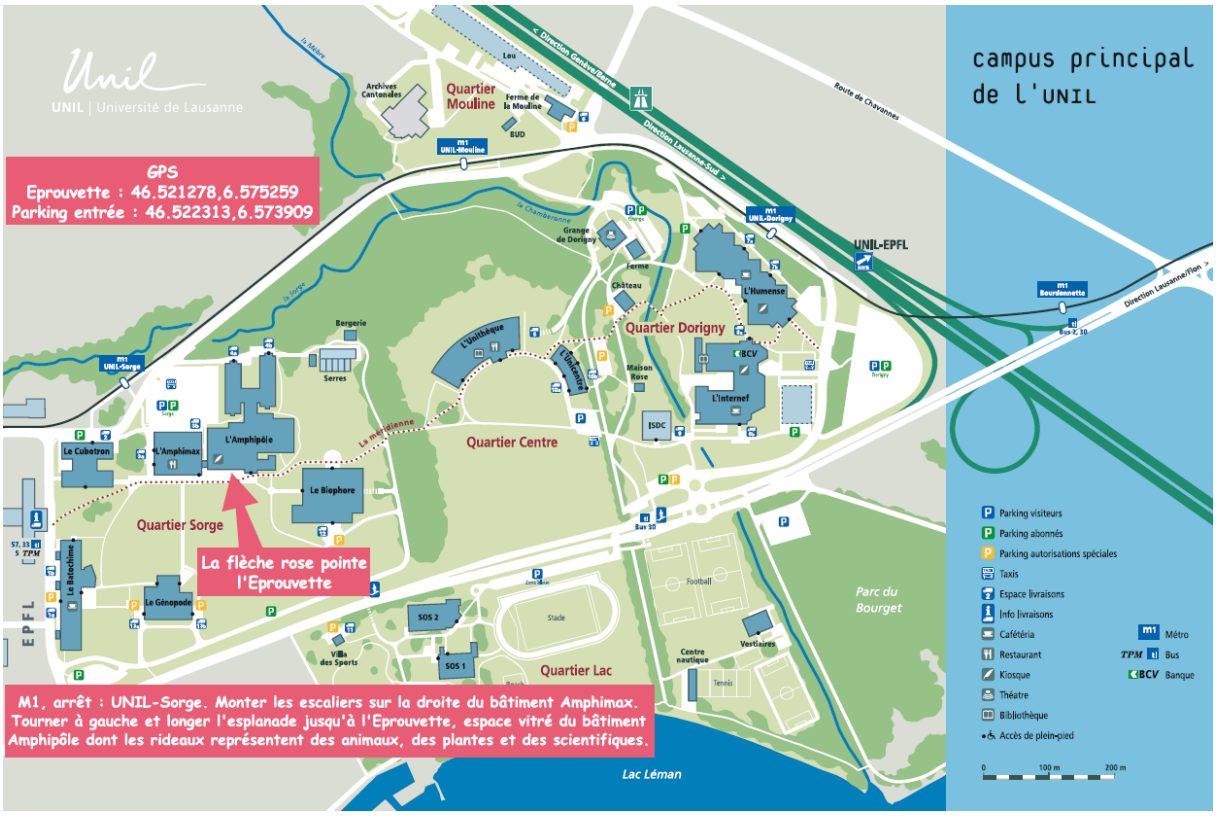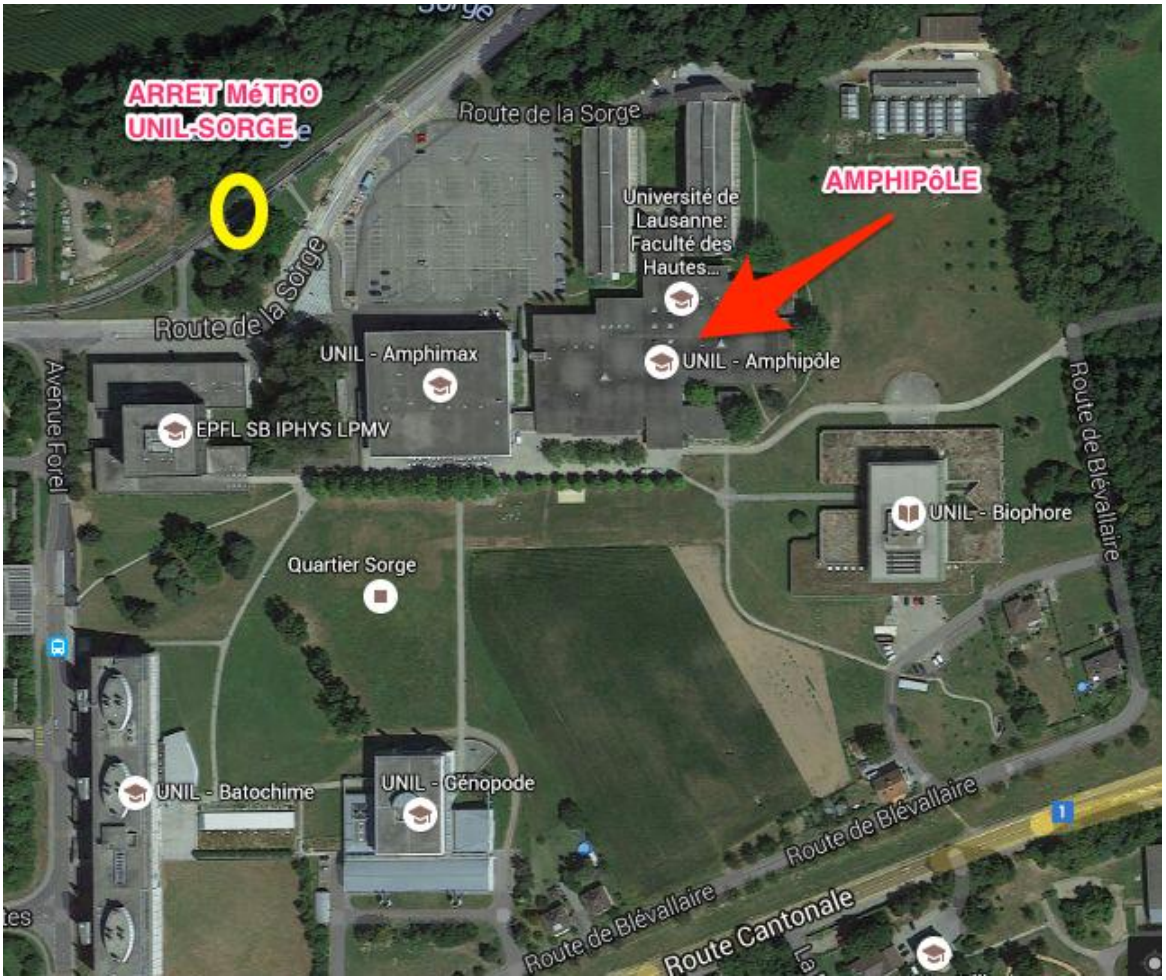Plongeon dans l'eau de nos égouts